# E-Safety Mini Byte

**Anti-Bullying Alliance**

Advice.. Help.. Report..
**CEOP REPORT**
ceop.police.uk

56%
of those surveyed reported seeing bullying online
https://nobullying.com cyberbullying-in-uk/

## More than 7 in 10

parents have looked for or received information or advice about how to help their child manage online risks.

The websites below have lots of information and advice for anyone who has experienced bullying.

The Child Exploitation and Online Protection Centre (CEOP) maintains a website for children and young people, and parents and carers about staying safe online: **Anti-Bullying Alliance**

Childline: **information about bullying**
Kidscape: **information for young people**

## Talk about online reputation

Let them know that anything they upload, email or message could stay around forever online.

Remind them they should only do things online that they wouldn't mind you, their teacher or a future employer seeing.

Get them to think about creating a positive digital footprint for the future.

## Communicate

Keep talking and stay interested in what they're doing.

Don't be afraid to bring up challenging issues like sexting, pornography and cyberbullying.

It could be embarrassing, but you'll both benefit from the subjects being out in the open

**THINK U KNOW .co.uk**

thinkuknow.co.uk

## Texting Tips:

- Do not communicate with someone who has made you uncomfortable or afraid.

- Do save messages that upset you and show them to your parents.

- Avoid replying in a similar way to abusive messages.

- Tell your parents or a trusted adult if you receive inappropriate texts.

- Never send inappropriate images to anyone, not even your friends. You do not know where they may end up.

- Never be tempted to engage in 'sexting'. You can not guarantee they will remain private.

TAKE CARE...
DANGER DEEP HOLE